

Introduction to Health and Safety



DESIGNED FOR

Designed for employees with little or no knowledge of health and safety at work or those wishing to update their knowledge. This course can be tailored to suit the policy, organisation and arrangement of a company.

COURSE OBJECTIVES

By the end of this course trainees will:

- ✓ know their health and safety duties;
- ✓ know how to work safely;
- ✓ know how to interact on matters of health and safety with those responsible for safety within your company.

COURSE CONTENT

- ✓ A Brief Introduction to Health and Safety Law
- ✓ Employer and Employee health and safety responsibilities
- ✓ Good housekeeping
- ✓ Accidents and first aid
- ✓ Fire safety
- ✓ Manual handling
- ✓ Hazardous Substances (COSHH)
- ✓ Safe use of display screen equipment (DSE)
- ✓ Personal Protective Equipment (PPE)
- ✓ Stress at Work
- ✓ Personal Safety

COURSE DURATION

1 day

COURSE DATES & VENUES

Please contact for course dates and details

FEES

£165 + VAT (£193.88) per person incl. light refreshments, course material

Our in-house training courses start at £50 + VAT (£58.75) per person with a minimum of 6 and a maximum of 20 people per course.

Please call, fax or email for a quotation.

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